

An IB school valuing, supporting and inspiring a community of lifelong learners

Important Diary Dates

Tuesday 10 April
Athletics Day
(Students 10yrs +)

Thursday 12 April
Cricket Carnival
(Rooms 1-5)

Friday 13 April
Last day of Term 1
3.20pm finish

Monday 30 April
Start of Term 2

Tuesday 8 May
P&F Meeting
6pm Staff Room

Tuesday 15 May
Gov Council 6pm

15—25 May
NAPLAN Online

To join, search for
Blackwood PS Scene
in Facebook and click on the
Join button.



**Government
of South Australia**

Department for Education

Acting Principal Term 2 2018

During Term 2, I will be assisting the DECD External School Review Unit as an External Review Officer. This role is for Term 2 only and I will resume my role as Principal of Blackwood Primary in Term 3. In my absence, Kris Robson will be the Acting Principal and Amanda Gulliver will be the Acting Deputy Principal. This is an exciting opportunity for both Kris and Amanda and I have the utmost professional respect in their abilities to excel in these roles.



Professional Learning on Student Free Day

On Friday the 23rd of March, Blackwood and Belair Primary teachers joined together on a day of collaborative Moderation in Mathematics. We focused our learning on the Australian Curriculum Mathematics Proficiency Strands and calibrating teacher judgement to ensure consistency of assessment. We discussed and collaborated on task design to provide learning tasks for A to E achievement standards. Teachers valued the opportunity to work with colleagues from Belair Primary School.

How important is sleep to children?

Parents have always felt that sleep directly affects a child's mood, and most would agree it has a big impact on learning and behaviour. But paediatric researchers' latest findings suggest that sleep is also essential to good health. When kids get the sleep they need, they may have a lower risk of becoming overweight and developing diabetes as well as fewer learning problems and attention issues. Sleep is as important as nutrition and exercise.

Sleep aids learning in kids of all ages, and education experts are finding that naps have a particular magic. Neuroscientists at the University of Massachusetts Amherst taught a group of 40 preschoolers a game similar to Memory. Then the kids took a nap (averaging 77 minutes) one week and stayed awake the other week. When they stayed awake they forgot 15 percent of what they'd learned, but when they napped they retained everything. The kids scored better on the game not only after they'd just woken up but the next day too.

Making sure families get enough sleep isn't easy, especially with parents working longer hours, more elaborate after-school activities, bedrooms full of cool electronics, and the pressure to pack more into every day. "Still, the simple fact is that kids sleep less today than they used to. Unless we make an effort to get that sleep time back, their health will suffer."

Please see sleep chart on page 4.

If you would like to read more please visit www.parents.com/health/healthy-happy-kids

School Information

Student Absence 8278 5355

If a student is **late** or **absent**, please ring the office on the above number before 9am or

**SMS Text to
0427 016 460**

Banking Day
Banking day is
TUESDAY

Term Uniform Shop Opening Hours

Monday 8:15 – 9:15
Wednesday 12:45 – 1:30
Friday 8:15 – 9:15
3:00 – 3:45
Ph: 0401 913 830

KickStart Breakfast

Monday, Tuesday,
Wednesday, Thursday
& Friday 8:30am
Outside the Canteen

Lost and Found

Ensure all items are clearly labelled so we can return them to you and check the lost and found cupboard for missing items.

BPS Playgroup

Thursdays
0 – 4 year olds
9am to 11am
OSHC Room

School Tour Days

We offer school tours for new families & new students.
Contact Reception on 8278 5355 for the next tour date and to book.

Curriculum

The Learner Profile

The PYP (Primary Years Program) encourages students across the world to become active, compassionate and lifelong learners” (IB Mission Statement). Everything we do within the walls of our school is centred on developing students who, “recognizing their common humanity and shared guardianship of the planet help to create a better and more peaceful world” (Making the PYP Happen, IBO). We promote this through development of personal attributes of the IB learner profile. The learner profile represents the qualities of internationalism which the PYP hopes will characterize its students in a complex, challenging world. Throughout the year teachers work closely with the students to develop these attributes.

Learners at BPS strive to be:

Inquirers	They develop their natural curiosity, actively enjoy learning and become lifelong learners.
Knowledgeable	They explore concepts, ideas and issues that have local and global significance. They acquire knowledge across a broad range of areas.
Thinkers	They show initiative in applying thinking skills critically and creatively and make reasoned, ethical decisions.
Communicators	They understand and express ideas and information confidently and creatively in more than one language and in a variety of modes of communication. They work effectively and willingly with others.
Principled	They act with integrity and honesty, with a strong sense of fairness, justice and respect for others. They take responsibility for their own actions
Open-minded	They understand and appreciate their own cultures and personal histories, and are open to the perspectives, values and traditions of other individuals and communities. They accept that there is more than one point of view.
Caring	They show empathy, compassion and respect towards the needs and feelings of others. They act to make a positive difference to the lives of others and to the environment.
Balanced	They understand the importance of intellectual, physical and emotional balance to achieve personal well-being for themselves and others.
Risk-takers	They have the independence to explore new roles, ideas and strategies. They are willing to make mistakes.
Reflective	They give thoughtful consideration to their own learning and experience. They are able to assess and understand their strengths and limitations in order to support their learning and personal development.

Adapted from: Making the PYP Happen. IBO, 2007

The learner profile in a PYP school is all encompassing, which means it is relevant to the entire school community-staff and parents included. Therefore, it is important we are all positive role models and aspire to always be internationally minded citizens, which in turn will inspire young learners to do the same.

Amanda Gulliver - IB Curriculum Coordinator

Meet Our Staff

Christie Follett – Year 3/4 Teacher Room 3

I have had a great start to 2018 getting to know my lovely 3/4 class. I love working at Blackwood Primary School with our wonderful students, staff and school community. I began my teaching career in Roxby Downs Area School as a Spanish and middle primary teacher. I returned to the city in 2016 teaching for one term before going on leave to have my second daughter. My girls are now two and three years old, so as you can imagine home life is always entertaining and busy. For leisure I enjoy reading, walking or running in nature, sharing a good meal or coffee with family and friends, going to the movies or working on various craft projects. I love travelling Australia and the world, although it may be some time before I hit the road again. I have been enjoying the rich learning experiences we've had in our class so far and look forward to more exciting teaching and learning in the year to come.



Jen Herbert – Year 4/5 Teacher Room 4

I love being a teacher! The best part is that no day is ever the same and I am passionate about fostering independent, deep thinkers who enjoy learning in and out of the classroom.

I began my teaching career in Mount Gambier at Reidy Park Primary School where I taught for a few years before moving back home in Adelaide to teach at Brighton Primary School. I thoroughly enjoyed the country lifestyle and hence love the community feel here at Blackwood. This is my second year at Blackwood and I thoroughly enjoy learning about and working within the International Baccalaureate framework as well as innovating and improving as an educator.



I have been lucky enough to travel to many amazing places around the world. My favourite cities I have travelled to would be Seville in Spain, London, and Kyoto and Tokyo in Japan. I also love cooking, keeping fit and sport, in particular anything Port Adelaide, which always creates some great, friendly banter!

Jason Spence – Year 4/5 Teacher Room 5

Hi, I'm Jason Spence, one of the new teachers to Blackwood Primary School this year and I am loving being here so far and have felt very welcomed by staff, students and parents.

I have been a teacher for 8 years now, mostly working in the North-eastern suburbs of Adelaide, this is my first venture south of the city as a teacher. In the past I have mainly taught in upper primary, plus some teaching as a specialist Science and specialist Phys. Ed. teacher. I have loved the challenge of teaching year 4's and 5's this year, but because of my experience in Upper Primary it means I can really push my class and have high expectations of their work and their attitudes towards learning.

What I love about being a teacher is it's a job where I really get to make a difference and do something that is important. I love knowing that what I do can make a (hopefully) positive impact on the lives of young people.

Outside of teaching, I am a geography and travel geek who loves travelling to "unusual" places like Azerbaijan and Iran last year, I am a sports fan, and will watch anything sports related, an amateur fashionista, I spend more time getting ready than my wife (and take up way more wardrobe space) and love spending time with my two giant Great Danes Pancakes and Roxy.



Chris Bates – Year 3/4 Teacher Room1

I have been teaching at Blackwood Primary School for several years. Before coming to Blackwood, I worked in the Murray Mallee and South East regions of South Australia where I worked in very tiny Primary and Area Schools. I have taught all year levels from R-7 and even some high school subjects too. Middle Primary is my favourite age to teach as I really enjoy helping students become more responsible for themselves and for their own learning. There is never a boring day being a teacher. There is always lots to do and never enough time, but the most enjoyable part is being in the classroom where you will always find something that will make you laugh or smile. It is very rewarding to see students growing and making progress in their learning.

Outside of school I enjoy spending time renovating my house. I've almost finished the inside and am planning what I will do with the outside. The list of things to do doesn't seem to be getting any smaller though.



Harmony Day

On Thursday the 29th of March, Blackwood Primary School celebrated Harmony Day. On that day we all had the opportunity to wear orange. We wore orange because orange symbolises and represents meaningful conversations and communication. To celebrate our cultural diversity, every afternoon Mrs Brown went around to all classes and helped them to create an art piece to celebrate Harmony Day. Each piece of art has a connection to the continents that make up our world. The aim of the art pieces was to celebrate everyone's culture and diversity. All classes did a different art project; there were feathers, hands, flowers, hearts, faces, Russian dolls and more. Families from 25 countries now go to Blackwood Primary School. We would like to see Harmony Day happen every day in Blackwood Primary, to make this school a better place.

By Abbie, Ella, Minty and Lachlan



how much sleep is enough for your child?

Some kids may be wired to operate on a little less sleep than others, but the National Sleep Foundation suggests these guidelines:

WHEN KIDS ARE ...	THEY NEED ...
up to 2 months	10.5 to 18 hours
3 to 12 months	9.5 to 14 hours
1 to 3 years	12 to 14 hours
3 to 5 years	11 to 13 hours
5 to 12 years	10 to 11 hours

Governing Council Chair

It has been a great start to the New School Year with a very well attended AGM where the new Chair was elected. I was nominated by a fellow Governing Council (GC) member and was happy to accept the position, the new Governing Council then proceeded with the first meeting of 2018.

I would like to personally take this opportunity of thanking outgoing Governing Council members who completed their term, Brendan White and Korrily Burton. I also have the privilege of welcoming returning GC members who completed their term and have returned for an additional two years, they are Amy Offler, Wendy Brown and Karen Drysdale. I would also like to extend a warm welcome to our new members Jason Turner, Sebastian Pawelski and Asa Cowell, I look forward to working with you all in the coming year.

For those of you who do not know me, I am a relatively new parent to Blackwood Primary School having emigrated from the UK with my family. In the two and half years my son Josh has attended BPS we have seen the school go from strength to strength and the pupil numbers increase year on year. The Principal and his team are effectively implementing the Site Improvement Plan for 2017/19 ensuring a real focus on literacy and numeracy with the schools' targets discussed and signed off by the Governing Council.

I can confirm from the last GC meeting that Blackwood Primary School is in a strong financial position, however, there are a number of pressing building maintenance issues that need to be addressed and budgeted for accordingly. The Principal and the GC are fully aware of the current car park situation and the growing number of pupils attending the school, thus increasing vehicle traffic. Governing Council discussed the main car park at length and I can assure all parents that this is being addressed by the BPS leadership team; the car park has been an ongoing struggle for the school over the last few years and one that the Governing Council is taking very seriously.

I will endeavour to keep you updated of Governing Council activity over the course of the year through the school newsletter.

Craig Seckerson
Governing Council Chair

Street Smart Primary

In Week 8, students from Rooms 1, 2, 3, 19 and 20 were fortunate to have an incursion called *Street Smart Primary* which is a program funded by RAA and The Motor Accident Commission (MAC).

Belinda, our teacher, taught and reminded us about road safety. The presentation had a strong emphasis on pedestrian and cycling safety and aimed to help the students develop some skills and knowledge that will help them to be safer in the road environment.

Through discussion, watching videos and games we were reminded about safe behaviour when crossing roads and to use the 'Stop. Look. Listen. Think' rule. We learnt that bike helmets have a shelf life of 5 years and all certified helmets will have the date they are made on the inside of the helmet.

SAPSASA Swimming State Metro Competition

On 22nd March, Tahli, Hugo, Jake and I competed at SAPSASA Swimming Metro Day. Tahli competed in the 10 year olds 50m freestyle, 50m breaststroke and 50m butterfly. She won a gold medal in the breaststroke. Hugo competed in the 50m freestyle, 50m breaststroke and 50m backstroke. He won a gold medal in the backstroke. He was also part of a relay team and won a silver medal in the 4x50m freestyle. Jake was part of the 12 year olds 4x50m freestyle relay team, they came 5th on the day. I competed in the 50m freestyle, 50m breaststroke and the 50m backstroke. I won gold in the freestyle and silver in my other strokes. We all had a great time and are proud of our results!

By Alicia



SAPSASA Cricket

The SAPSASA boys cricket team put up a valiant effort against Black Forest Primary School. They batted first scoring a healthy 79 runs on a difficult pitch. Black Forest was just a little bit better on the day, with some good fielding, a strong pace attack and scoring 120 in reply. The boys should be proud of their efforts getting this far in the knock out SAPSASA competition.

Words from the captain Luke 'A good effort from the team, I wish to thank all the parents for driving us around and a big thanks to my Dad Scott for coaching the team'.



A Successful Grandparent's Day

A record number of Grandparents and special friends of Blackwood Primary toured our school on Friday 16th March.

People arrived at recess time and stayed until lunchtime. We had a special visit from Geronimo Stilton to make our break times even more fun.

The children showed their visitors our facilities, including the Japanese Room, Music Room and the Coordination Program. People visited the Gully, playgrounds, and the library for the Book Stall. They listened to students playing music and stopped off to refresh at our pop-up café.

The visitors were very complimentary about our excellent facilities.

This event was made possible because of the generous parents who came to help run the café and bookstall. We wish to thank all staff for their help and cooperation, and a special thank you to John (Geronimo) and his helpers, Hugo and Lucy. We also would like to thank all the visitors who came along and made the event memorable.

Barbara Garner & Tilly Abbott



St Vincent de Paul Society
good works

Vinnies Bin outside front reception office at school.

Remind to families that we have a Vinnies Bin for second hand clothing

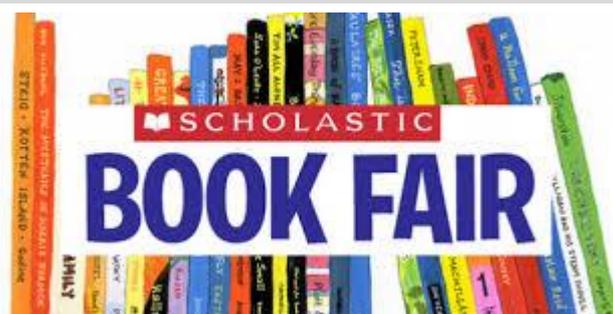
Successful Book Fair 2018

The Book Fair held in the Library this term was a huge success. Large numbers of people came to buy books. It was often crowded in our little space, but everything went smoothly. We raised over \$1000 for Blackwood Primary School to buy literacy and numeracy games for classrooms, and also boxes of spoken word plays to assist in student oral language development.

We want to thank everyone who supported the Fair, and those parent helpers who came to assist before and after school. Such events are not possible without your help.

A special mention of thanks to Judy Adami and Vicki Smith who were the backbone of the whole operation.

Barbara Garner



Digital Citizenship

The three Year 6/7 classes have recently done a unit of inquiry about 'Digital Citizenship, which means multiple things from thinking about what and when you post to giving out personal information online. Most websites can see what you do and save it, even if you have deleted it (because that thing we never read called the "terms and conditions" says on some apps and websites that anything you or anyone else posts is legally theirs). They are legally allowed to sell it to other businesses and use it against you if they want to. Posting your location, phone number, address, things like that could lead to serious consequences, such as being found by dangerous people or even kidnapped. To be safe, people shouldn't publicly post pictures of their child (or themselves) in school uniform because that could be putting your child/yourself in danger. It can be ok if only your friends (people you actually know) see it, but strangers and people you don't feel safe having your information can have it at the click of a button. When posting, people should think carefully first (you wouldn't just hand out flyers containing your personal information or location to strangers so why put it publicly online).

Just a press of a button without thinking can really impact people's lives, both children and adults. Your future employer could look at everything you posted, from the very first thing to the most recent; you could end up not getting your dream job (or any job) just because of your digital footprint. When posting, children should ask themselves – Do I want my parents seeing this? Am I proud of this? Does it feel right/safe? If the answer is 'no' they shouldn't post it as it can ruin their life.

Another question children online can ask is - How would I feel if someone else posted that about me? They shouldn't post anything rude, mean or possibly offensive about anybody else. Not only can it hurt their feelings it could reflect badly on them. Cyber bullying can lead to you getting in trouble and can be a major struggle for the victim. Over half of adolescents and teens have been bullied online, and about the same number have been the bully. More than 1 in 3 young people have experienced cyber threats online. Over 25 percent of adolescents and teens have been bullied repeatedly through their phones or the Internet. Only 1 in 10 teens tells a parent if they have been a cyber-bully victim. Cyber bullying can lead to victims having low self-esteem, which can lead to further issues.

So overall, please consider your digital footprint and what you do online.

Written by Lilith

Statistics from <http://www.bullyingstatistics.org/content/cyber-bullying-statistics.html>

Room 20 Assembly

On Monday 26 March, Room 20 hosted the assembly for the Junior Primary classes. We focused on the Central Idea from our First Unit of Inquiry which was that people make choices that influence their ability to live a well- balanced and healthy life.

As we explored and inquired into this Central Idea we discovered that to be healthy you need to have a well- balanced diet. We looked at the Healthy Active Kids website and discovered it is as easy as 1,2,3. Combining salads and vegetables with protein and carbohydrates makes for a balanced meal.

You also need to stay hydrated. Water does this the best. Children our age should be trying to drink about 1.5 litres of water a day.

We need to keep our brains healthy and active. A growth mindset helps us to be the best that we can be. Changing your thinking can be challenging, but the rewards make it worth it!

We also need to practise good personal hygiene and get between 10- 11 hours of sleep a night.



Looking after our emotional health and developing good relationships with others helps us and others be happy and well-adjusted. We have had a focus in Room 20 on being kind. This means thinking before you speak and if it isn't kind keeping it in our heads.

Belinda from the RAA came and spoke to us about road and bike safety.

We have learnt a lot about living a happy and well-balanced life!

We have been focusing on using black and white with a splash of colour in our art lessons. We shared our favourite piece with our assembly audience.



City Landscape, Our Names and Cats Altogether (top)

Room 19 and 20 Bollywood Incursion

On Wednesday, Rooms 19 and 20 went in the hall to do some Bollywood dancing. First Francesca told us facts about Bollywood dancing. Some of the facts she told us were that boys and girls wear makeup, that Bollywood dancing is from India, that Bollywood dancers have to be very shiny and sparkly and that the dances are done with lots of emotion. Sometimes the moves are really fast and sometimes they are really slow. My favourite move was when you hit your chest to the beat of the music. I had lots of fun! –

By Flynn – Room 19



Assembly Awards

Congratulations to the following students who received the recent Primary Years Program (PYP) IB Learner Profile Awards.

Room 1	Aden	Risk Taker	Making a confident start to his time at Blackwood Primary School.
	Jade	Principled	Being a responsible and reliable member of our classroom.
Room 2	Hugh	Principled	Showing honesty and integrity with his interactions with others and excellent behaviour in class.
	Ruby	Caring	Being considerate and respectful of others and looking after our classroom environment.
Room 3	Ginger	Caring	Making an effort to include others in activities and making sure that others are ok.
	Rosa	Principled	Setting a good example by focussing on her work and helping others achieve set tasks.
Room 4	Karthik	Caring	Showing empathy when others are upset and helps them to feel better.
	Mae	Communicator	Expressing herself confidently and creatively in the classroom.
Room 5	Ayde	Risk Taker	Always aiming to stretch her vocabulary and attempt challenging words in her writing.
	Cade	Open-Minded	Always being open to new ideas and listen to feedback and ideas from teachers or peers.
Room 6	Sabian	Balanced	Doing a great job settling quickly into his new class and school.
	Ashleigh	Open-Minded	Stepping up and putting extra effort into her learning and schooling.
Room 7	Lachie	Caring	Showing empathy and going out of his way to support class mates.
	Joe	Thinker	Working and thinking hard in Maths lessons.
Room 8	Mia	Inquirer	Being an inquisitive learner who enjoys analysing situations and making new discoveries in all parts of her school life.
	Nadia	Reflective	Valuing the opportunity to discuss and improve her work.
Room 9	Tayah	Risk Taker	Having a go at completing some challenging maths activities both at school and at home.
	Doug	Well-balanced	Always showing positivity towards his learning and consideration to others.
Room 14	Lexi	Caring	Thinking about others and making our classroom a positive place to be!
	Ashby	Risk Taker	Being willing to try new things and always trying his best.
Room 16	Ariana	Risk Taker	Being confident and attempting all new learning with enthusiasm.
	Saksham	Reflective	Showing commitment to your learning and setting goals.
Room 17	Lawson	Risk Taker	Jumping into the learning pit during word work, giving his best effort.
	Olek	Communicator	Respecting teaching and learning time, and sharing ideas with peers.
Room 18	Billy	Inquirer	Taking action at home during our first Units of Inquiry by making a dream catcher.
	Ollie	Caring	Helping classmates when they have hurt themselves.
Room 19	Reuben	Risk Taker	Continually approaching new work with a positive attitude and giving it his best go.
	Maeve	Risk Taker	Always taking on new challenges and work tasks with a positive approach and giving it her best go.
	Lily	Risk Taker	Always attempting new and challenging work with a positive attitude and giving it her best go.
	Flynn	Risk Taker	Always attempting new and challenging work with a positive attitude and giving it his best go.
Room 20	Amiyo	Communicator	Listening to the ideas of others and sharing information with confidence.
	James	Risk Taker	Always being willing to have a go at new learning and approach it with confidence.
	Hunter	Communicator	Sharing his ideas and knowledge confidently and listening respectfully to the ideas of others.
	Isla	Risk Taker	Being prepared to have a go at new learning even when it is hard.

Parents & Friends Committee



P&F Meetings

ALL PARENTS & FRIENDS WELCOME

Tuesday 8th May 2018, 6.30pm Staff Rm

Meetings held weeks 2 & 7 of each term

EVENTS

School Disco - 1st June

Movie event @ the Capri theatre – June TBC

Father's Day stall - Mid June

Family Camp out – 15th September

Comfort fire – 27th of October

Parents and Friends are bustling along quite nicely with Term 1 nearing an end and we are very excited to announce that we are purchasing 4 event Marquees that will be used for events at school and externally as well. P&F would like to thank the school community in helping us reach our target to achieve this great goal.

Our primary focus for 2018 is to transform the courtyard area between the Music & Japanese rooms, main building, and reception classes. We hope to have a Japanese inspired area that can be used all year round.

P&F would like to update you with our achievements thus far this term with our fundraising;

Mother's Day Stall - \$1662.10

Sausage Sizzles - \$786.30

Kytons Easter Bun Drive

Thank you to everyone that purchased a pack of hot cross buns or lamingtons this year.



A big thankyou to **Bianca Cowell** for all her efforts in organising and collecting our big order from Kytons Bakery. Our total Fundraising efforts were **\$381.55**

Student School Disco



P&F are holding our annual school disco on 1st of June. This year we have again secured DJ Matt who was wonderful with the kids at our two previous discos at school. He gets the kids involved with the songs, dance offs and games to play. Information will follow in Term 2 so keep an eye out

Movie Night @ The Capri Theatre

P&F's major event for the year is a night out at the movies. Date and Movie is still to be confirmed, however whisper on the street is that it's 'The Incredibles 2' movie.

Ticket prices and information to follow soon and will be announced mid Term 2



We would love to see as many Blackwood Primary school family and friends attend and support such a great event, so spread the word!! And of course, everyone is welcome, even if they don't attend our wonderful school. P&F will be holding a raffle on the night with lots of great prizes so be sure to come along to our Movie night and enjoy the atmosphere of the Capri theatre.

Check out the community notice board at the front of school and the whiteboard near the Japanese room (across from main building girl's toilets) for event information and upcoming meetings



8278 5355 – Amy



dl.0565.pandf@schools.sa.edu.au



<https://www.facebook.com/groups/BPSScene/>

APPLY NOW!

Special Interest Australian Girls and Boys Football Program 2019



Do you have a genuine interest in football?

Are you interested in improving your skills and knowledge in all areas of the game?

Applications are now being accepted from current Year 7 boys and girls for the 2019 school year. Please submit your application to Blackwood High School by Thursday 17 May 2018.



Please contact Blackwood High School on 82780900 or visit the school's website www.bhs.sa.edu.au to download an application form. Principal tours of the school will be held from 9.00am - 10.30am on Tuesday 1 May, 15 May, 29 May, 26 June and 31 July during term time.

Please contact glen.little@bhs.sa.edu.au (boys football) or janet.bradley@bhs.sa.edu.au (girls football) for more information.

Special Interest Netball Program 2019

The Netball Program is aimed at students who:

- demonstrate skill and a commitment to netball
- wish to spend time in further development
- aim to compete at a higher level than that of the average student.



Entry to the program is by application (download form from Blackwood High website under Curriculum, Special Interest Netball) and a trialling process conducted by Netball SA at Blackwood High School.

Selection criteria will include:

- potential high level of ability/performance indicated through skills testing
- a positive sporting attitude
- a positive attitude towards school and study
- a history of high standard of good behaviour, attendance and social skills
- member of a netball team (club or school).

Trial dates are from 9.00am – 10.30am on Thursday 3 May and Wednesday 23 May 2018 at Blackwood High School.

Visit the school's website www.bhs.sa.edu.au to download an application form.

Please contact Ms Bianca Reddy by email bianca.reddy@bhs.sa.edu.au for more information.



Reminder that school banking is every Tuesday.

Please hand in your bank book to your class teacher each Tuesday.



The Rotary Club of Blackwood



GIANT BOOK SALE

Saturday 21st APRIL 2018
from 9am to 4pm

Blackwood Memorial Hall
Coromandel Parade, Blackwood

Novels, Children's Books, Cookery and Gardening Books and
many more.

All good quality secondhand books. Help us raise funds for our
service to the community.

Books from 50c to \$2.00each

Please visit our Facebook page for more information



ROTARY CLUB OF BLACKWOOD WORKING FOR THE
COMMUNITY



since 1979 ☺

Helen Rice
Club Professional Coach
Tennis Australia
8 Windarra Court.
Belair, SA 5052
0428 988873
helenrice@internode.on.net
www.helenricetennis.com.au

'FRENCH OPEN' Grand Slam Tennis Clinic

These **April** school holidays we are going to have our very own **FRENCH OPEN** games and matches, in various modified forms, in our 4 day **GRAND SLAM CLINIC**. Come and join the fun! Our Clinic will cover all the strokes, drills, match play and provide great fun as well as quick skill improvement. It is a great way to improve hand/eye coordination and footwork skills, learn about, and play, heaps of tennis and stay active and social in the school holidays.

SUPER SPECIAL: ATTEND 2 CLINCS (for equal or more time) AND GET 25% OFF THE SECOND CLINIC

DATE: Clinic 1: Monday April 16th Tuesday 17th Thursday 19th Friday 20th
Clinic 2: Monday April 23rd Tuesday 24th Thursday 26th Friday 27th

VENUE: Denman Tennis Club, 48 Denman Terrace, Lower Mitcham

STANDARDS/TIMES (each day)/COST: (single day fee for any session is \$60)

1. peeWee/Hot Shots Red ball 3.5-8yrs 9.00am -11.00am \$125 – 4 days or \$90 - 2 days
2. Hot Shots Orange/Green ball 8-12yrs 9.00am-12.00pm \$165 – 4 days or \$110 - 2 days
3. Yellow Ball/Competition 11-17yrs 9.00am-12.00pm \$165 – 4 days or \$110 - 2 days

For more information, please contact helenrice@internode.on.net



Body Esteem Project

Mitcham

Locally supported by:



Body Confident Children & Teens for Parents & Community Members FREE (BOOKINGS REQUIRED)

Join us for a relaxed and informative seminar for parents of primary and secondary age children to give knowledge, information and tips to help you better understand and promote positive body image in the home.

Topics covered include:

- Background on body image and importance of prevention
- Brief overview of eating and body related issues and warning signs
- Key influences on body confidence
- Importance of role modeling positive body image and healthy behaviours
- Understanding 'Fat Talk' and handling 'stuff' they say
- Awareness around behaviours that increase or decrease body satisfaction
- Referral and support information
- *Please note, this session does not cover dealing with fussy eaters*

Date: **Monday, 21st May 2018**

Time: **7 - 8.30pm**

Venue: **Cumberland Park Community Centre**

Register: thebutterflyfoundation.org.au/education/our-services/education-events/

The Butterfly Foundation is Australia's largest charity supporting those affected by eating disorders and negative body image. We are bringing our unique whole community program to young people, parents & professionals in Mt Gambier week of 28th May

Butterfly acknowledges the support of:

