



The Wellbeing Service offers:

- Help to manage relationships with family, teachers and peers.
- Support to manage issues of concern.
- Crisis responses.
- Support to encourage attendance, behaviour and learning at school.

A common way the Student Wellbeing Leader can support you is by offering to talk with others on your behalf for example with teachers, friends or parents.

Student Wellbeing Leader

Our service provides help and support for you, your friends and our wider school community. We help you to manage things that are happening in your life and to develop the skills and confidence.

The Student Wellbeing Leaders are qualified teachers with additional skills in promoting and supporting student learning and wellbeing.

SCHOOL BASED WELLBEING SERVICE

Information for students

Parents may also find this
information useful.



**BLACKWOOD
PRIMARY SCHOOL**

*An IB school valuing, supporting and
inspiring a community of lifelong learners*



Your Responsibilities

Counselling is most effective when you form a trusting relationship with the Student Wellbeing Leader. Resolving issues often means that you have to make some changes, so be prepared to work with the Student Wellbeing Leader on different ways of thinking and behaving to achieve your goals.



Making an appointment with Student Wellbeing Leader:

- If you wish to discuss an issue you can go to the front office and staff will help you make an appointment with the Student Wellbeing Leader.
- Small groups of students may also wish to make an appointment about an issue of concern to them all.

Parents/Carers or teachers who are concerned about you can ask the Student Wellbeing Leader to make an appointment with you. This may make it easier for you to seek support.

Involving your Parents/Carers

The support and understanding of your Parents/Carers may help to resolve an issue and increase your safety and wellbeing.

So, the Student Wellbeing Leader may ask you if you would like to involve them in the counselling process.

Your Parents/Carers might also make an appointment to meet with the Student Wellbeing Leader seeking support to manage issues that concern them as parents. They will be assisted by the Student Wellbeing Leader in the same way as you are.



Confidentiality and Informed Consent

It is the responsibility of Student Wellbeing Leader to protect the confidential information you share with them during the counselling process. The Student Wellbeing Leader will share your confidential information when:

- you ask them to, or
- they ask for you to give permission and you give it.

Student Wellbeing Leader will only share your confidential information **without your consent** when:

- They are required to do so by law.
- The Student Wellbeing Leader believes it is necessary to help prevent a serious threat to your or others' safety or wellbeing.